

CLAPHAM BATTERSEA FULHAM

time & leisure

ISSUE 176
MAY 2019

EMILY ROUX

NEW VENTURES & THE
DINING DYNASTY

MAY DAYS
BANK HOLIDAY FUN

FRINGE FUN
CLAPHAM'S TOP
FESTIVALS & THEATRE

THE GREAT OUTDOORS

CREATE A SPECTACULAR SUMMER OASIS

HEALTH • INTERIORS • LOCAL EVENTS GUIDE • TRAVEL • FAMILY

This month you should...

...have a winning smile

Ten Dental Facial has recently opened a new facial aesthetics clinic close to Clapham Common station. Their qualified practitioners offer a wide range of non-surgical facial rejuvenation treatments which help to improve your skin and revitalise how you look and feel about yourself. Using the latest techniques and products in the industry, they are committed to delivering the tailor-made, natural results you desire.



TEN DENTAL+FACIAL
Clapham High Street & Balham High Street
020 3944 5478, Hello@tendental.com, www.tenfacialaesthetics.com

...get flower power

Bloom is an art exhibition running from 21 to 26 May that celebrates colour, pattern and nature's vitality. It unites 4 British artists who all draw their inspiration from the natural world, yet present their artwork in very different but harmonious ways. Bloom runs in parallel with the RHS Chelsea Flower Show, echoing a beautifully floral theme. Art works range from £500 - £5,000.

BLOOM BY 4WALLS
Old Brompton Gallery, 238 Old Brompton Road, SW5 0DE
07773 593122 / 07811 202693, www.4WALLS.london, info@4WALLS.london



...get perfect pins

Spring is here and you may wish to improve the look of your legs, particularly if you have thread or varicose veins. Advances such as microinjections and superglue closure make it easier to get visible improvement within a few weeks. Parkside Hospital offer walk-in assessment and ultrasound of leg veins, allowing bespoke treatment and the best chance of perfect pins in the summer!

PARKSIDE HOSPITAL
020 3000 6900, www.endovein.co.uk



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THE DIARY

EDITOR'S
CHOICE

CHELSEA FLOWER SHOW

TUESDAY 21 MAY

The annual flower show where you can see cutting-edge garden design, plants galore and ideas to take home. The Great Pavilion hosts show rooms and fabulous floral displays.

21 - 25 May; see website for times and ticket details
Royal Hospital Chelsea
www.rhs.org.uk

ONGOING

Sounds of the Shack at The Windmill

This cosy pub in the heart of Clapham Common is back with its live music sessions. Start your weekend right with different headliners and acts each week.

Saturdays, 5pm-10pm
The Windmill
www.windmillclapham.co.uk

The Ram Monthly Quiz

The first Wednesday of the month at The Ram plays host to a quiz night where you can pit your wits against other patrons of the SW10 local.

1 May; 6.30pm-8.30pm
The Chelsea Ram
www.thechelsearam.co.uk

Join the Stardust Jazz Choir led by Cleveland Watkiss

Sign up by the 27 May to secure your place in the Stardust Choir led by renowned jazz vocalist, Cleveland Watkiss at the World Heart Beat Music Academy. The four-week course runs every Tuesday between 11 - 25 June 2019 from 7.30pm

to 9.30pm. On 7 July the Stardust Jazz Choir will perform a concert at the Academy with an exclusive solo performance by Cleveland Watkiss. Book your place on the course for £75; email admin@worldheartbeat.org with 'Stardust Choir' in the subject line
www.worldheartbeat.org

WEDNESDAY 1 MAY

Bring your own Baby Comedy

There's soft flooring, toys and more for babies and live comedy for parents at this cracking event.
11am-12.15pm; £11
Clapham Picturehouse
www.byobcomedy.com

FRIDAY 3 MAY

Wandsworth Arts Fringe

Two weeks of arts and culture spanning across the borough, with venues turned into stages for plays, dance performances, comedy, live music, poetry and so much more.

3-19 May; see website for times and details
www.wandsworthfringe.com

Life's a Drag, and So Are You

A free evening of drag is coming to the V&A with a fabulous and formidable cast of performers in a world-renowned venue.
3 May; 8pm-9.15pm; free
V&A Museum
www.vam.ac.uk

MONDAY 6 MAY

Gypsy Dynamite

Fresh arrangements of traditional Gypsy jazz with special guest vocalist

Francesca Confortini, a singer/songwriter based in London.

6pm; £10
Le Quecumber, Battersea
www.quecumber.co.uk

THURSDAY 9 MAY

Sexy Lamp

Ever since Katie was cast as the lead in her primary school Christmas

show, she believed she was destined for the stage, but fully clothed roles have been hard to come by.

9-11 May; 7.30pm; £16/£13
Omnibus Theatre
www.omnibus-clapham.org

Talk by Par Avion

Claire Potter Design focuses on sustainable design, highlighting global issues in this discussion about the impact of construction.

10am-11.30am; £5
The Village Hall
www.batterseapowerstation.co.uk

If you'd like to submit an upcoming local event please email:
editorial@timeandleisure.co.uk



DROP-IN LIFE DRAWING - TWO HOUR POSE

ONGOING

Fun and informal sessions open to anyone keen to improve their drawing skills. With a tutor present to supervise, a model will sustain a pose for two hours - a great opportunity to capture the anatomy and develop an understanding of what makes a good composition.

Monday evenings; 6.30pm-8.30pm; £10

Lara Arts Clapham
www.drawpaintsculpt.com



WE LOVE CHEESE

SATURDAY 11 MAY

Cheese lovers will be converging on Battersea Power Station this month for a celebration of all things dairy, with live music, tastings and a competition where the top producers battle it out to win the top spot. 11-12 May; 12pm-5pm; £9
Battersea Power Station
www.batterseapowerstation.co.uk

SUNDAY 12 MAY

Flexibility for dance CPD workshop

A one-day workshop which will address safe and effective stretching and flexibility training for dancers of varying ages and abilities.

10am; £166
Royal Academy of Dance
www.royalacademyofdance.co.uk

MONDAY 13 MAY

Double Bass

An adaptation of The Double Bass by Patrick Suskind, Lauren Dollander weaves fiction with a documentary inspired by her experiences as a teacher.

13-15 May; 7.45pm; £8
Tara Arts
www.tara-arts.com

THURSDAY 16 MAY

Straight up Comedy

May's Thursday comedy club at Landor Space features a host of talented comedians.

7.45pm; £7/£11
Landor Space
www.landorspace.com

Shell Shock

To mark Mental Health Awareness Week, this poignant play presents one soldier's story of coping with post-traumatic stress disorder after serving in Iraq and Afghanistan. An important discussion followed by a panel conversation.

6pm-8.30pm; £12
National Army Museum
www.nam.ac.uk

The Platform

The Platform has been running regularly since October 2012 and has quickly established itself as an opportunity to discover, develop and explore new short plays and monologues for audiences as well as creatives.

May; 7.30pm; £12/£10
The Bread and Roses Theatre
www.breadandroses theatre.co.uk

FRIDAY 17 MAY

Spring bat walk

The inner-city common in Clapham is home to an assortment of wildlife and by using bat detectors, there will be the chance to catch a glimpse of these fascinating creatures.

9pm-10pm
Clapham Bandstand
www.thisisclapham.co.uk

User not Found

An immersive production whereby audience members receive a smartphone and headphones and are immersed in a story of a man who is struggling with what to do with his partner's online existence.

17 May - 2 June; see website for times;
£20/£16.50
The CoffeeWorks Project, Battersea
www.bac.org.uk

SUNDAY 19 MAY

I-Tea bar: smart device photography for beginners

Ivor David's introductory course, spread over four Sundays, designed to help you take better photos on your smartphone, how to backup your pictures to the cloud and use your own images for postcards and more.

19 May - 18 August; 10am-3.30pm; £140
Chelsea Physic Garden
www.chelseaphysicgarden.co.uk

MONDAY 20 MAY

Amici Cantabile at Fulham Palace

An evening of opera at Fulham Palace's Great Hall. The varied programme will include classics such as quartets from Rigoletto and Così fan Tutte.

7.30pm - 9.30pm; £18
Fulham Palace
www.fulhampalace.org

TUESDAY 21 MAY

Blueprint Media

Kurdish freedom fighter Medea escapes the Turkish military and arrives at UK border control on a forged passport. She slips through immigration and discovers how to

exist on the margins of London life.

21 May - 8 June; 3pm & 7.30pm; £18
Finborough Theatre
www.finboroughtheatre.co.uk

BLOOM art exhibition

BLOOM is a celebration of floral art by four British artists, brought to you by 4WALLS.

10am-7pm
Old Brompton Gallery
www.4walls.london

THURSDAY 23 MAY

Matisse Paint Night at The Althorp

Try painting Matisse's much-loved 'Cat with Goldfish' with the accompaniment of two glasses of wine, cheese and art materials provided.

7.30pm-10.30pm; £46.50
The Althorp
www.thealthorp.co.uk

SATURDAY 25 MAY

The Eradication of Schizophrenia in Western Lapland

A show informed by a special treatment for psychosis that has seen unprecedented results in Western Lapland. Expect innovative staging and a three-dimensional insight into the inner-workings of a psychotic mind.

3pm; £12.50-£15
Battersea Arts Centre
www.bac.org.uk

WEDNESDAY 29 MAY

Stand-up comedy night at the Olympic

This luxurious cinema complex will be swapping the screen for the stage with a live night of stand up comedy for a mid-week pick me up.

7.45pm; £10
Olympic Cinema, Barnes
www.olympiccinema.co.uk

FRIDAY 31 MAY

From the Jam


An evening devoted to the world-famous chart-topping band, The Jam, with original members playing all the hits from Town Called Malice to That's Entertainment.

7pm; £31.35
Under the Bridge
www.underthebridge.co.uk

Love your Zoo

As part of the British and Irish Association of Zoos and Aquariums 'Love your Zoo' campaign, there will be animal themed fun at Battersea Park Zoo with a focus on learning about barn owls.

11am-3.30pm; £9.95/children (2-15 years)
£7.95
Battersea Park Zoo
www.batterseaparkzoo.co.uk

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BLOOM



Art exhibition of floral works by four British artists

CORINNE NATEL • FLEUR ALSTON
GILL WILSON • HENRIE HALDANE

Tuesday 21 - Sunday 26 May 2019 • Opening hours: 10am - 7pm
Old Brompton Gallery, 238 Old Brompton Road, London SW5 0DE
www.4WALLS.london | 07773 593122 | 07811 202693

4 WALLS

MORGAN-DAVIES ART | LAFONTAINE CONTEMPORARY ART

TOP 5 LOCAL FESTIVALS

With festival season on the horizon, we pick out the best on our doorstep...



1 MIGHTY HOOPLA 8 June

Returning with all the pizzazz and glitter of Pride, Mighty Hoopla will be held at Brixton's Brockwell Park for another spectacle of live music. On this year's bill is Chaka Khan, and Kate Nash among other top names. It's not all about the pop, there will be a full programme of entertainment including drag queen lip-sync battles, so don your most colourful garments, Mighty Hoopla is all about going all out.

■ www.mightyhoopla.com

2 WANDSWORTH ARTS FRINGE 3 - 19 May

Taking over Wandsworth borough for two weeks is this fabulous fest celebrating the best in creative arts. The programme includes an eclectic range of arts events, with theatre productions, live music, exhibitions, talks, dance, comedy and so much more, open to all. WAF transforms every nook and cranny of the neighbourhood into a pop-up venue.

■ www.wandsworthfringe.com

3 CHISWICK PROMS 7 - 9 June

A brand new celebration of comedy, musical theatre and concerts taking place al fresco in leafy Chiswick. Visitors will be treated to comedy from the likes of Shappi Khorsandi and Jason Manford, plus family shows and rousing celebrations of classical music and musical theatre.

■ www.chiswickhouseandgardens.org

4 HAPPY DAYS FESTIVAL 25 - 26 May

Travel to Esher on the last bank holiday in May for a journey back in time. Devoted to looking back over the 70s, 80s and 90s, this year's festival has a stellar line-up including singing siblings Sister Sledge, plus Angie Stone, The Sugar Hill Gang and reggae great, Jimmy Cliff. Festival-goers can head to the Gastro Grub tent for fusion cuisine and veggie options.

■ www.hdfestival.co.uk

5 FOODIES FESTIVAL 25 - 27 May

The last May bank holiday is a key date for food lovers, as Foodies Festival takes to Syon Park with a street food village, workshops and talks. This year's menu includes a host of chefs including Celebrity Masterchef champion, John Partridge, who will be cooking up an array of his favourite dishes. There will be a stage with some much-loved musicians, plus a kids cookery school and a vegan beer tent.

■ www.foodiesfestival.com/syon-park-food-festival

CHECK OUT THE BEST MUSIC FESTIVALS:
WWW.TIMEANDLEISURE.CO.UK